

Bush Adventure Therapy

1. Moving the body 2. Understanding movement 3. Learning through movement

Infuse all learning experiences with a

spirit of wonder,

challenge and

achievement

At Operation Newstart our core

values are:

Self-awareness

Empathy

Resilience

4. Meta-cognition 5 Development of resilience 6. Collaboration

Foster open, honest

and trusting

relationships

Provide

opportunities for

students to explore

their strengths and

capabilities in a

real-life context

that extends

beyond the

classroom

Assist students in

gaining a deep

understanding of

self and their

Acknowledging

the strengths and

interests of every

individual

student in

assisting them to

discover and

explore their

talent

Pathways

10.Relationships and diversity

11. Questions and **Possibilities**

Develop an awareness of community engagement and service in order to become informed. responsible and empathetic

students to take responsibility for the direction of their lives and the decisions

that they make

Empower

Actively foster a safe environment and behave in a dependable, thoughtful and reliable manner

Respecting, nurturing

and acknowledging

every individual student.

Celebrating their unique

contribution and growth

within the program

Embody loyalty, dedication, integrity and courage in

action

Responsibility

Self-worth

Diversity

Connectedness

Empowerment

Creativity

thought, word and

impact on others **Fostering inclusiveness** through collaboration, valuing of ideas and involving all individuals in decision making processes

Compassion

Teamwork

Perseverance

Integrity

Respect

Curiosity

Community Service

9. Contributing to healthy and active communities

Therapeutic

7.Communicating and interacting for health and wellbeing

8. Recognition and expression of emotions

Victorian Curriculum

Health and Physical Education

Critical and Creative Thinking

Personal and **Social Capability**

Operation Newstart Values Wheel

The purpose of the Operation Newstart Values Wheel is to create a shared purpose and build collective efficacy in ensuring all young people achieve success and flourish during their time in the program. The Values Wheel consists of three interrelated elements:

- Inner circle the values that are embodied by all members of Operation Newstart and that are actively fostered
 in all students who go through the program
- Middle circle the principals that underpin the learning program and are enacted in every experience and activity in Operation Newstart
- Outer circle the key components of the program and how they align to certain standards within the Victorian Curriculum

The Victorian Curriculum is embedded within all aspects of the program, with a particular focus on the Health and Physical Education learning area, in addition to the General Capabilities of Critical and Creative Thinking and the Personal and Social Capability. The highly tailored and extensive design of the Operation Newstart program allows for multiple opportunities for each of the Victorian Curriculum standards to be explicitly taught and assessed, in a meaningful and practical-based context.

The Operation Newstart Values Wheel will also be used to inform the Curriculum Mapping process, by which a Learning Sequence will be designed that clearly articulates what the learning will look like, how the students will be assessed and will outline what the progression of learning throughout the program and as each student transitions back into their school setting.